

Guidelines on the Offering of Physical Education Courses at I-Shou University

Adopted by the Student Affairs Council on January 20, 2003

Adopted by the University Academic Council on March 5, 2003

Amendments adopted on March 18, 2009, at the first meeting of the University Academic Council in the second semester of the academic year 2008

Amendments adopted on May 10, 2021, at the first meeting of the University Academic Council in the second semester of the academic year 2020

Amendments to Provisions II, III, and V-VIII adopted by the University Academic Council on December 22, 2025, and promulgated with the consent of the President dated January 8, 2026

I. The Guidelines on the Offering of Physical Education Courses at I-Shou University (hereinafter referred to as “the Guidelines”) are made by I-Shou University (hereinafter referred to as “the University”) pursuant to the Regulations for the Implementation of Physical Education in Senior High Schools and Below and the First Three Years of Five-Year Junior Colleges promulgated by the Ministry of Education.

II. In accordance with the regulations and rules of the University, physical education courses are mandatory for sophomores, consisting of two sessions per week without awarding credits. Starting from Academic Year 2025, physical education courses are required for newly enrolled students in both the first and second semesters of the sophomore year, with one credit awarded per semester. Each course comprises two hours of instruction per week and carries one credit. A maximum of two credits will be counted toward graduation requirements. Students shall successfully complete these two credits to be eligible for graduation.

III. Physical education courses are delivered through an elective-based instructional model, allowing students to select specific sporting disciplines based on their personal interests.

IV. Students are not permitted to enroll in more than one required physical education course in a single semester. Students who fail a required physical education course may retake it in any subsequent semester. However, they are not permitted to retake a required physical education

course for which a passing score has already been earned, including courses completed for makeup credits.

V. Students who are unable to participate in sports skill tests due to injury may apply for a leave of absence in accordance with the applicable regulations and rules of the University. The course instructor has the discretion to determine whether to grant a makeup exam and award a score accordingly.

VI. In the event of inclement weather, physical education classes may be relocated indoors and conducted as scheduled, or replaced with lectures on general sports knowledge and theoretical topics.

VII. Students who are unable to participate in strenuous exercise due to personal health conditions shall submit a medical certificate issued by a public or teaching hospital and apply for enrollment in an adaptive physical education class at the Office of Physical Education.

VIII. Students enrolled in physical education courses are required to wear appropriate athletic attire or clothing as specified by the course instructor.

IX. The Guidelines become effective on the third day of promulgation after being adopted by the University Academic Council and ratified by the President.

Note: In case of any disputes or misunderstandings regarding the interpretation of the language or terms of the Guidelines, the Chinese language version shall prevail.